

Newsletter

March 2020



Uraidla Family Practice
1163 Greenhill Road Uraidla SA 5142
Phone 83903002



March News

Coronavirus

With so much in the media about Coronavirus (COVID-19) and flu season fast approaching it is a timely reminder for us all to look after ourselves. People with conditions that compromise their immune system or place them in a higher risk group need to be especially vigilant with their health and it really is back to basics with remembering to practice good hand hygiene with regular hand washing or sanitising gel, avoid touching your face, mouth and eyes and protect others by covering a cough or sneeze with your bent elbow.

If you have **ANY** of these symptoms

- Fever
- Cough
- Sore throat
- Shortness of breath

AND

- Have travelled overseas in the last 14 days

OR

- Had close contact with someone diagnosed with or suspected of having coronavirus in the last 14 days

Please do not enter the practice.

Phone reception on 83903002 for further advice and instructions

Should you require further information you can go to

www.sahealth.sa.gov/novelcoronavirus

or call the Coronavirus Health Information Line on 1800020 080

Robyn's Retirement

Robyn Schultz has been Practice Manager at UFP for 19 years, from when she and husband Dr Peter Schultz first bought the practice in 2001. She has had quite an amazing career in the field of Practice Management at various locations, as an accreditation assessor and consultant that began long before arriving here in Uraidla. Robyn's support and encouragement coupled with a genuine concern for staff have made her much loved by all who work for her. We are pleased that she is only retiring from the role of Practice Manager and will still be involved with the Practice and wish her well as she pursues some other interests and maybe has time for a book or three!