

Newsletter



Uraidla Family Practice
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October Focus

Whoops. Missed September altogether. Where did it go??

Free Meningococcal B Immunisation Program

We now have the free Meningococcal B vaccine. It is available for children aged 6 weeks up to 23 months. The day they turn 4 it is no longer free. Stocks are limited and availability to us is controlled by the authorities. We are only allocated twenty vaccines per fortnight.

The schedule is as follows:

Infants 6 weeks to 11 months require 2 primary doses 8 weeks apart and then a booster at 12 months.

Age 12 months to 23 months require 2 doses 2 months apart.

Appointments with the doctor must be made to have these vaccines and it is important that the child be given an appropriate dose of Panadol a half an hour prior to the visit.

When you make an appointment for your child a vaccine is allocated and labelled. If you then cancel or fail to arrive for the appointment, that vaccine will be allocated to the next child. We have to do this because of the demand.

We appreciate your cooperation with this important program

Diabetes Focus.

If you have been diagnosed with Diabetes, now is the time to check when you had your last diabetes appointment with the doctor. Often our diabetic patients come in with an unrelated problem. That problem becomes the focus of the visit for both patient and doctor and the diabetes is not discussed.

Patients with diabetes need to make a specific appointment every six months to check their status. We should have on record a regular HBA1c, cholesterol level, blood pressure, BMI, kidney function, waist circumference and foot check. There are other referred services which the doctor will also recommend. Podiatry, Dental and Ophthalmology come into the mix.

It seems a lot - but those patients who follow the regime do well and protect themselves from serious complications further down the track. Please make your appointment

Electronic Health Record

Don't forget that you only have just over a month to opt out if you don't wish to have an electronic health record . If you don't do this a record will automatically be uploaded for you. If you don't wish to enrol you need to visit the My Gov Website or phone 1800723471 by the 15th November, 2018.

If you wish to have an e health record , make an appointment so your GP can go through with you and ensure that what is uploaded is correct.

Is it a good idea to have an E Health record ? This is a very personal decision.

Only a single page health summary is uploaded by your doctor. It outlines your allergies, current medications, immunisations and relevant medical problems. You decide with your doctor what goes in and what doesn't.

The record can only then be accessed by your doctor or with your permission. However, if you are admitted unconscious to hospital , the emergency department have an emergency code to access.

Skin Clinic Number 2

The first skin check clinic filled up very quickly and several people have asked when the next one will be. We have marked off Monday 19th November morning clinic for Dr Peter. This is his area of special expertise. These appointments will be fifteen minute appointments for skin checks only and will be bulk billed.

Please book early. If needed we will try to fit another clinic in December.

Evening Clinics

As the days slowly become warmer and longer, our evening clinics are becoming busy. We have extended the hours to accommodate busy families who arrange appointments around school, work and sport.

